



# YOGI BEARS

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# CHILDRENS YOGA

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## WALKING - 3 YEARS OLD

JOIN YOGI BEARS' TODDLER YOGA CLASSES, DESIGNED FOR LITTLE ONES AGED WALKING TO THREE YEARS OLD. OUR FUN, INTERACTIVE SESSIONS BOOST MOTOR SKILLS, FLEXIBILITY, AND MINDFULNESS, ALL WHILE FOSTERING A JOYFUL CONNECTION BETWEEN PARENT AND CHILD.

30 MINUTE CLASS

## 3 TO 5 YEARS

UNLOCK YOUR CHILD'S POTENTIAL WITH YOGI BEARS' YOGA CLASSES FOR AGES 3 TO 5. THROUGH PLAYFUL POSES, STORIES, AND GAMES, WE ENHANCE FLEXIBILITY, FOCUS, AND SELF-CONFIDENCE, ALL IN A NURTURING ENVIRONMENT. LET YOUR CHILD THRIVE WITH US

45 MINUTE CLASS

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### WALKING TO 3 YEAR OLD

TUESDAY 1PM - 1.30PM  
REGISTER YOUR INTEREST AT  
WELLBEING AT ROUNDHILL

### 3 TO 5 YEARS

TUESDAY 1.45PM - 2.30PM  
REGISTER YOUR INTEREST AT  
WELLBEING AT ROUNDHILL

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